



TIMOTHY P. SHRIVER, PHD

Chairman – Special Olympics
Co-Founder, Board of Directors – CASEL
(Collaborative for Academic, Social, and Emotional Learning)
Best Selling Author –
"Fully Alive: Discovering What Matters Most"

"The words we use to describe one another tell a story all their own. We use labels to convey gender, color, religion, political persuasion, geography, tribe, and more. In this book, I've tried to share the story of many heroes of living fully alive who also happen to have intellectual disabilities. The issue of how society labels them has become central to their struggle to tell an affirming hope-filled story of their identities, lives, and dreams."

Fully Alive: Discovering What Matters Most

As **Chairman** of **Special Olympics**, Timothy Shriver happily serves together with over four million Special Olympics athletes in 170 countries, all working to promote health, education, and a more unified world through the joy of sports. **"Special Olympics is not just about people with intellectual disabilities; it's about unleashing the spirit to uncover the best in ourselves."** Before joining Special Olympics in 1996, Shriver was and remains a leading educator focusing on the social and emotional factors in learning. He was a co-founder of Collaborative for Academic, Social, and Emotional Learning (**CASEL**), and currently serves on its Board of Directors. He is a member of the Council on Foreign Relations and a non-executive director of WPP plc. He earned his undergraduate degree from Yale University, a Master's degree from Catholic University, and a Doctorate in Education from the University of Connecticut. He has recently authored the best-selling book, "Fully Alive: Discovering What Matters Most" as well as producing four films and writing for dozens of newspapers and magazines. He also founded and chairs the board of Lovin' Scoopful, a cause-related consumer products brand specializing in ice cream that 'loves you as much as you love it.' He lives in Washington D.C. with his wife Linda and their five children.